



# St Thomas of Canterbury Catholic Primary School

Being the best we can be

Making **S=P+A+C+E** for learning



## YEARLY OVERVIEW FOR: PSHE -Year 5

Autumn Term		Planned?	Resourced?	Spring Term		Planned?	Resourced?	Summer Term		Planned?	Resourced?
Week 1	Me and My Relationships: All about Me wellbeing/Class Rules/Target Setting What strengths do you have? What do you want to improve in this year?			Week 1	Ten Ten Module 2 Unit 2 Under pressure What is the difference between direct and indirect pressure? Can pressure ever be used in a good way?			Week 1	Ten Ten Module 3 Unit 1 Catholic social teaching Why is Catholic Social Teaching important? Name two of the seven principles of Catholic Social Teaching.		
Week 2	To learn when to give, take and compromise. What does negotiation mean? Should we always compromise?			Week 2	Ten Ten Module 2 Unit 2 Do you want a piece of cake? What does 'bodily autonomy' mean? What does 'consent' mean?			Week 2	Ten Ten Module 3 Unit 1 Reaching out Explain 'The Dignity of the Human Person' in your own words. Give one way you can honour one of the principles of Catholic Social Teaching.		
Week 3	How good a friend are you? Positive relationships			Week 3	Ten Ten Module 2 Unit 2 Self-talk session 1 How can what we think affect our feelings? Give an example of how you can talk positively about yourself.			Week 3	Seaside safety What is a 'riptide'? Give 5 ways you can protect yourself from the sun.		
Week 4	Relationship Cake Recipe			Week 4	Lifespace – recount *			Week 4	Drugs true or false What is a drug? What is vaping and is it safe?		
Week 5	Healthy relationships			Week 5	Happy being me			Week 5	Disability Give an example of a physical disability. What is a 'hidden disability'?		
Week 6	Communication – internet safety How can text messages be confusing? Give one way you can help the meaning of your texts more clear.			Week 6	Mental health			Week 6			
Week 7	Discrimination Why do you think Rosa Parks refused to give up her seat on the bus? Why did the bus driver think he could act as he did?			<b>HALF TERM</b>							
Week 8	Land of the Red people How is everyone in our class different? How do those differences strengthen our class?			Week 1	Ten Ten Module 2 Unit 3 Sharing isn't always caring What can be shared online? What can't be shared online?			<b>HALF TERM</b>			
<b>HALF TERM</b>				Week 2	Ten Ten Module 2 Unit 3 Cyber bullying Give two rules for chatting online? What is the difference between bullying and banter?			Week 1	Spending wisely * What do people need to think about before they buy something? Write three top tips about spending wisely.		
Week 1	Parliament Week How do we know we live in a democracy? What are an MP's responsibilities?			Week 3	Ten Ten Module 2 Unit 4 Types of abuse Name two different types of abuse When can touch be inappropriate			Week 2	Dear Ash What is the difference between a secret and a surprise? What does 'confidential' mean?		
Week 2	Stop, start, stereotypes Give an example of a stereotype.			Week 4	PLAY REHEARSALS			Week 3	Taking notice of our feelings *		



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	Give an example of a consequence of stereotyping boys and girls.										
Week 3	<u>Ten Ten Module 2 Unit 1</u> Is God calling you? Session 1 What is a vocation? Give three different ways God calls us.			Week 5	<u>Ten Ten Module 2 Unit 3</u> Impacted lifestyles How does smoking affect the body? How could a smoker be affected socially?			Week 4	<u>Ten: Ten Girls bodies</u> Name three changes that happen to girls/boys during puberty. How might boys/girls feel during puberty?		
Week 4	<u>Ten Ten – Building others up * (protected characteristics)</u> Name three protected characteristics How can we build others up?			Week 6	<u>Ten Ten Module 2 Unit 3</u> Making good choices How might someone be pressured into smoking or drinking? Give one piece of advice you would give to such a person.			Week 5	<u>Ten: Ten Boys bodies</u> Name three changes that happen to girls/boys during puberty. How might boys/girls feel during puberty?		
Week 5	Qualities of friendship * Give three qualities of a good friend. What would you say to someone who is worried about taking part in a race?							Week 6	Help! I'm a teenager get me out of here *		
Week 6	Kind conversations *			<b>END OF TERM</b>				Week 7	Transition Day activities? All about me		
Week 7				<b>END OF TERM</b>							
<b>END OF TERM</b>											