



ONLINE SAFETY PARENT WORKSHOP

Tuesday 7th February 2023



Why?

“Around 3,500 online child sex offences are recorded by police every month. In December, it was revealed that children on TikTok have been exposed to suicide content within three minutes of joining the platform. Each and every month 1.4 million UK children access online pornography, some of which is violent, degrading and abusive.”

Miriam Cate, MP in relation to the discussion of the amendment of the Online Safety Bill with Tech Giants.



Being Digitally Literate

- The issues classified within online safety can be categorised into three areas of risk:
 - **content:** being exposed to illegal, inappropriate or harmful material
 - **contact:** being subjected to harmful online interaction with other users
 - **conduct:** personal online behaviour that increases the likelihood of, or causes, harm.



Online safety curriculum

- Recognition that the children need to know what to do when something happens not if – we can't protect them forever
- We need to be open and talk about issues with the children
- They need to know they can trust us



Why?

- Ofcom 'Children and Parents: Media Use and Attitudes' Report 2021/22
- What we have found
- Online access and attitudes
 - Nearly all children went online in 2021 (99%); the majority used a mobile phone (72%) or tablet (69%) to do so.
 - More than a third (36%) of primary school-age children did not always have access to an adequate device for online learning at home



Online Behaviour

- Using video-sharing platforms (VSPs) such as YouTube or TikTok was the most popular online activity among children aged 3-17 (95%); while the majority chose to watch content on VSPs,
- Among all types of online platforms, YouTube was the most widely used by children; 89% used it, compared to half using TikTok. But TikTok was more popular for posting content.



Online Profiles

- A majority of children under 13 had their own profile on at least one social media app or site; 33% of parents of 5-7s said their child had a profile, and 60% of 8-11s said they had one.
- More than six in ten children aged 8-17 said they had more than one profile on some online apps and sites (62%); the most common reason, overall, was having one profile just for their parents, family or friends to see.
- Just four in ten parents of 3-17s knew the minimum age requirement for using most social media; 42% correctly said 13. Four in ten parents of 8-11-year-olds said they would allow their child to use social media (38%).



Content Consumption

- Children still watch live television but are more likely to watch paid-for on-demand streaming services; 78% watched services like Netflix, Amazon Prime Video and Disney+, compared to 47% watching live TV.



Online Gaming

- Six in ten children aged 3-17 played games online in 2021, increasing to three-quarters of 12-17s.
- More than a third of 8-17s who gamed online played with people they didn't know (36%); overall, 16% of 8-17s chatted to people they didn't know, via the messaging/ chat functions in games.



PEGI

Pan
European
Game
Information





Age Rated Gaming

- Games for the Xbox, PlayStation, Wii etc. have age related ratings.
- These ratings have the same principle as a rating for a film; they are known as PEGI (Pan European Game Information) ratings. Therefore, games with a PEGI rating of 16 and 18 are only suitable for children of this age as the content is not appropriate.
- For example Call of Duty and Grand Theft Auto contain violent and explicit material. Refer to the following website for further details:
- <http://www.pegi.info/en/index/>



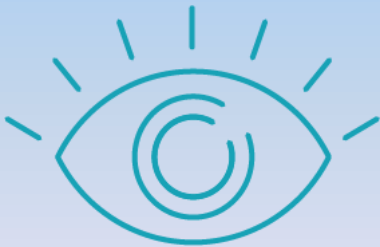
Understanding apps, sites and games



Sharing



Chatting



Viewing



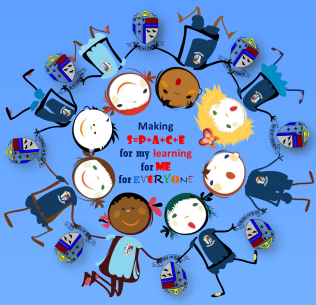
Friending



Viewing



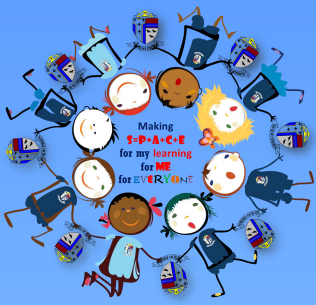
- **Anyone can post and share content**
- **There may be inappropriate, sexual or violent content online**
- **Most apps and games include privacy and security settings**
- **Parental controls and filters can also help manage online activities**



Sharing



- It's easy to share online
- Younger children – seek permission before they share
- Children should never feel pressurised, uncomfortable or blackmailed
- Look out for others by not sharing inappropriate content



Chatting and Friending

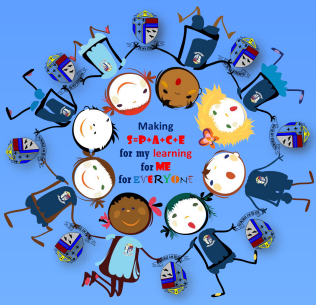


- Chatting and meeting new people can be fun and appealing
- Most people just want to chat or be friends, but some seek to harm
- Advise them not to share too much personal information
- Talk to a trusted adult if anything worries them



Where are the risks?

- **Inappropriate video content**
 - They may, accidentally, see something not intended for them
 - They can be exposed to unsuitable videos through a link they've found or been sent, or an app they've downloaded
 - They are curious and they may go looking for content



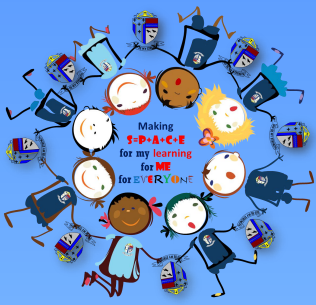
Where are the risks?

- **Gaming online**
 - Chatting with people they don't know
 - Inappropriate or unmoderated chat
 - Requests to chat in private
 - Offering gifts or trades



Where are the risks?

- **Live Streaming**
 - Exposure to age inappropriate content, including sexual or violent content
 - Negative or inappropriate comments
 - Acting on impulse, and saying or doing something they'd be less likely to do offline
 - Inappropriate contact



Where are the risks?

- **Social Media**
 - Inappropriate content
 - Inappropriate behaviour
 - Over-sharing
 - Making friends with people they don't know



Child Exploitation and Protection Agency

All our children and parents need
to know about this button and
how to use it





Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



Make a report 

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely



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matters.org

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Helping parents keep their children safe online

A parents' guide to social media

[GO TO GUIDE >](#)

Highlighted posts

- Set up your child's new tech devices safely
- Get your child involved in Pupil Voice Week
- Pokemon Go mobile app: What parents need to know

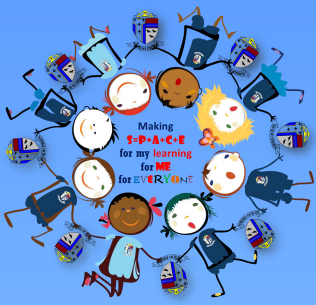
Resource spotlight:

- Need help managing kids screen time? The Forest App can help

What issues could be affecting your children?

Get to grips with what they may come





What does it look like at St. Thomas'?

**Regular Online safety lessons, not just in
Computing – links to Learning for Life**

Online safety Assemblies

Cyberbullying and linked PSHE activities

**Annual 'Safer Internet Day' with linked
activities**

Continual discussions and reminders

Digital Leaders



Sharp
Alert
Secure
Kind
Brave

Be
Internet
Legends.



Be Internet Legends.

Being an Internet Legend means being sharp, alert, secure, kind, and brave. To demonstrate these qualities, I plan to stick to the following guidelines:



Think Before You Share

I will thoughtfully consider what I share and with whom, and keep extra-sensitive information to myself (such as my home address, current location, or other people's business).



Check it's For Real

I will watch out for phishing and scams, and report questionable activity every time.



Protect Your Stuff

I will take responsibility for protecting important information by crafting strong and unique passwords with characters, numbers, and symbols.



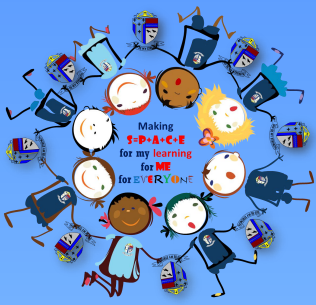
Respect Each Other

I will spread positivity and use the skills I have learned to block and report negative behaviours.



When in Doubt, Discuss

I will use my voice when I notice inappropriate behavior and seek out a trusted adult to discuss situations that make me uncomfortable. Because that's what it takes to be a safe and fearless explorer of the online world.



What can we do as parents?

- Talk to our children
- Be involved in their online lives
- Be role models with our own online presence
- Look up the age ratings
- Set up parental controls and filters
- Create a family agreement
- Continual reinforcement of key messages



Useful Information

- Internet Matters
- NSPCC
- Childline
- Safer Internet Centre



Reminders

- When not *if*
- People online are strangers
- Those strangers could be any age or gender
- Open, honest conversations *without* judgements
- Report anything worrying
- Take *practical* steps
- Be positive about being online!