



# St Thomas of Canterbury Catholic Primary School

Where every child is special

## Physical Activity Policy

Policy compiled by:

PE and Sports Leader

Date of last review:

Autumn 2017

Review Date:

On or before Autumn 2019

The  
**CHILD**



The whole  
**CHILD**

Nothing but  
the **CHILD**

### OUR SHARED VISION

*Every child* at St Thomas of Canterbury is special and will achieve their full potential academically, socially, spiritually and emotionally through the provision of a loving community and rich and varied learning opportunities and the highest quality teaching and learning.

*Every staff member* at St Thomas of Canterbury will feel valued and enabled to provide the opportunities that we want for our children and to do so as part of a loving community which has the highest expectations of and for all.

*Every Governor* at St Thomas of Canterbury will feel valued and enabled to act as a critical friend to the School and to be accountable for the School's strategy. They will play a visible role supporting all children, their parents and staff at School and in the wider community, to provide the best environment possible for learning and spiritual growth.

### OUR MISSION STATEMENT

*God's love is at the heart of our Catholic School family.*

*We show this in our respect, kindness and love for others and by treating other people as we wish to be treated ourselves.*

*We will encourage everyone to be the best that we can be.*

### OUR AIMS

- To guide our children to grow in the love of God and build relationships that will enable them to make a positive contribution to the School and society.
- To develop an exciting, challenging and creative curriculum that produces confident and successful learners who are the best that they can be.
- To develop high quality learning that enables every child to flourish, to discover their talents and be lifelong learners.
- To establish a teaching and learning environment that encourages everyone to enjoy, to achieve, to be inclusive, to be healthy, and to stay safe.
- To nurture a strong partnership between home and School.
- To have respect and understanding for our School, our community and our world, helping our children to become responsible citizens and good role models.



## OUR GOLDEN RULE

We treat others as we would like to be treated

### Introduction

By participating in physical activity before, during and after school, students can gain a range of physical, social, emotional and intellectual benefits. Physical activity opportunities can be provided through health and physical education activities, sport, recreation and games.

By participating in physical activity either through physical education, sport, or general play in the playground, students learn many leadership qualities (eg team work, cooperation and understanding). St Thomas of Canterbury has a growing number of community links to promote physical activity. We hope this continues and are always looking for further opportunities to develop the range of activities.

Any physical activity at St Thomas' will be in accordance with the following policies:

- Physical Education
- Special Educational Needs
- Race Equality & Equal Opportunities & Freedom of Information
- Behaviour

### Aims

Our aims are that all children and staff in our school will have direct access to high quality physical activity.

We strive to make a minimum of 2 hours of physical activity available to all pupils each week. This is currently accessible to KS2 and KS1 through the P.E curriculum, swimming sessions and a variety of after school clubs. All pupils are encouraged to partake in extracurricular physical activities, regardless of race, age, ability or location, so as to promote a lifelong healthy lifestyle pattern.

In addition we look to encourage active learning in all classrooms throughout the day to encourage physical activity for all children.

We aim to:

- provide the safest possible environment for all participants.
- provide talented and gifted students the opportunity to reach their potential and provide an age-appropriate participation pathway.
- ensure that those with SEN are able to participate and fulfil their needs.
- encourage participation of the whole school community in supporting physically active experiences.

### Safety

All adults involved in any physical activity at St Thomas of Canterbury will be DBS checked, to ensure safety of all participants. Please refer to Physical Education and Health and Safety Policy for detailed safety procedures. Furthermore, any external adult coach will also be DBS checked.

### Roles and responsibilities

Mark Jones has responsibility for Physical Activity.

Mark Jones is responsible for liaising with students, parents and staff to develop a programme of physical activity that provides social, emotional and intellectual benefits. Mark Jones is also responsible for 'out of hours learning', including all sports clubs, teacher/coach led activities. He is



also responsible for monitoring physical activities to ensure they are providing social, emotional and intellectual benefits to students, staff and the community.

## **Monitoring and evaluation**

Physical activities will be monitored by:

- Checking participation levels.
- Checking drop out rates.
- Comparison of each Key Stage.
- Ensuring a variety of activities are in place.
- Ensuring that participation is accessible for all students (regardless of race, age, ability or location).
- Pupils views discussed at School Council meetings.

Monitoring of the above will be used to evaluate the effectiveness of physical activities. This will inform the continuation of each activity, and the introduction of new ones.

*This policy of St Thomas of Canterbury School upholds the school's ethos and Mission Statement. It must be read in conjunction with and implemented in accordance to the school's policies for Health & Safety Equal Opportunities, Inclusion and Safeguarding. Copies of these policies are available from the school website.*